

# THE LAMPLIGHTER

TRINITY EVANGELICAL LUTHERAN CHURCH  
1600 Kanawha Boulevard, East  
Charleston, WV 25311

**Our Mission is to live and share God's Word in Jesus Christ**

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### CONTACT US!

The church office is open:  
Monday—Friday  
9:00 AM—12:00 Noon

Pastor Ron's Office Hours:  
Tuesday—Friday  
9:00 AM—2:00 PM

Office Phone 304-342-5212  
Pastor Ron Home:  
304-342-3235

www.trinitywv.org  
Email us at  
**office@trinitywv.org**

To include your news item in your Church publications, please observe the following deadlines. Submission by email is appreciated!

Bulletin	9:00 am Tuesdays
Midweek	9:00 am Mondays
Newsletter	The 20th of the month

As this edition of *The Lamplighter* is being put together, we are getting excited about the month of March. On Sunday, March 6, two very special events are scheduled to take place. At the late service that day, Mr. Bob Ballard from Thrivent Financial for Lutherans will present us with a check for \$10,000. Thrivent is making good on the challenge they issued us a few months ago – that they would match us dollar for dollar, up to \$10,000, for monies given to Trinity's Table. Thrivent gave us three months to raise the money. It took us less than two months to do so. Thrivent challenged us to raise \$10,000. We raised over \$11,500. That is an amazing thing the people of Trinity Evangelical Lutheran Church did. And that is why Bob is coming personally to deliver the money. Bob will stay with us all that day and help serve food at Trinity's Table that night.

And something else, also very big, is happening on Sunday, March 6. On that afternoon at 2:30, the Lenoir-Rhyne University A Cappella Choir and Brass Ensemble will come to Trinity to present the gospel in music. This concert is not only a demonstration of refined musicality, but is also a deep spiritual experience for the people of Trinity and our community at large. The A Cappella Choir is celebrating its 75<sup>th</sup> concert season this year and was founded in the St. Olaf choral tradition of the Lutheran Church. Lenoir-Rhyne University is an institution of the Evangelical Lutheran Church in America and of the North Carolina Synod of the ELCA. In April of 2007 this choir gave a spring concert in Blacksburg, Virginia, in remembrance of the first anniversary of the Virginia Tech massacre. And in May of this year the choir will travel to Poland, the Czech Republic, and Germany on its 10<sup>th</sup> European tour.

The choir is under the direction of Rev. Dr. Paul Weber. Dr. Weber is the Director of Choral Activities and Professor of Church Music at Lenoir-Rhyne. During his tenure the A Cappella Choir has released four recordings featuring a diversity of repertoire. In March of 2003 Dr. Weber received the Raabe Prize for Excellence in Sacred Composition from the Association of Lutheran Church Musicians for a career of outstanding contributions to the profession as exemplified in a single work.

A lot of times we church people struggle to find ways to tell others about the joys and delights that we take for granted in our life with God. **HERE IS A WAY.** It is very simple to call a friend or e-mail acquaintances who we know would be interested in a choral performance such as this. This music touches the soul, and shares the good news of life with Christ. Take the time to make a phone call, or send an e-mail, or invite someone you know to this performance, and even offer to come with them. This is a wonderful opportunity that came Trinity's way (your way and mine) to share the good news with countless people in our area. I also ask you to keep this choir in your prayers and to pray for the sharing of God's word with people in our area who need it so.

Pastor Ron

*God's Work ...  
Our Hands*



## LUTHERAN LINES

The latest issue of *Lutheran Lines* is available at

[www.Lutheransonline.com/mtnwelca](http://www.Lutheransonline.com/mtnwelca) A copy is also on the board in the Social Hall. Learn more about WELCA on the national website:

[www.womenoftheelca.org](http://www.womenoftheelca.org)

## Women of the ELCA

### Our Purpose:

*As a community of women created in the image of God,  
called to discipleship in Jesus Christ, and  
empowered by the Holy Spirit,  
we commit ourselves to grow in faith,  
affirm our gifts,  
support one another in our callings,  
engage in ministry and action, and  
promote healing and wholeness in the church,  
the society, and the world.*

### WELCA Dates for 2011

March 20, 2011	Coffee Fellowship
March 26, 2011	Cluster Meeting in Vienna
April 9, 2011	Saturday Brunch at Trinity 10:30 am (meeting)
April 17, 2011	Coffee Fellowship Palm Sunday
May 15, 2011	Coffee Fellowship Graduation Sunday
July, 2011	Picnic (date to be announced)
July 12-14, 2011	WELCA Triennial Convention, Spokane, Washington
August 5-6, 2011	Convention in Huttonsville
September 10, 2011	Saturday Brunch at Trinity 10:30 am (meeting)
September 18, 2011	Coffee Fellowship
October, 2011	Hot Dog Bake Sale (date to be announced)
October 16, 2011	Coffee Fellowship
October 22-23, 2011	Fall Retreat at Tygart Lake
November 2011	Bean soup mix sale (date to be announced)
November 20, 2011	Coffee Fellowship
December 18, 2011	Coffee Fellowship (Christmas Program)

**Suzanna Circle**

Suzanna Circle will meet on **Wednesday**, March 2 at 9:30 am in the Social Hall. Margie Bettinger will be providing our lesson and tasty treats this month.

**Rebekah Circle**

Our next **Rebekah Circle** meeting will be Thursday, March 3 at 7:00 pm. in the church Social Hall. Lynn Schillings will present our Bible study *Pray Always*, Session 2—*Waiting with Patience and Hope*. Waiting is tough for most of us. We want our prayers answered in our time, not God's! Scripture encourages waiting as one of the most important spiritual practices. Time and time again, we are urged to wait upon God. Brenda Franklin will provide us with our tasty treat during fellowship. Hope you can come and join in our study and fellowship.

**Women of the ELCA Spring Cluster Event**

This year the Ohio/Kanawha Valley Cluster spring meeting is Saturday, March 26, 2011, at Christ Lutheran Church, 4513 Grand Central Avenue, Vienna, WV 26105. Their telephone number is 304-295-9241. The women at Christ are looking forward to hosting this event and seeing friends and making new ones.

Registration, food, and fellowship will be from 9:30 to 10:00 am, with the Opening and Program to follow. The theme is "Looking into the Past" with a discussion and demonstration of antiques and lifestyles. If you have an antique (smaller than a breadbox) you think we might not be able to identify, please feel free to bring it. We'll play "Stump the Lutherans!" We're usually heading home around 2:30 pm.

A fee of **\$5** from each attendee will cover the cost of the lunch and other supplies for the event. If you are a vegetarian or have food allergies, please let us know on your reservation. Pat Schillings has the registration forms. Please see her for your form and return it to her by March 13. (Pat = 304-345-9003)

These cluster events are so much fun. We can carpool by meeting at Trinity at 7:30 on Saturday morning (March 26<sup>th</sup>). Hope to hear from you soon.

**Triennial Convention July 12–14, 2011, Spokane, Washington**

"The Triennial Convention shall be the highest legislative authority of Women of the ELCA and shall deal with all matters that are necessary in the pursuit of the purpose and functions of this organization" (Churchwide Constitution of Women of the ELCA, Article XI, Section 1).

Women of the ELCA meets in convention every three years. This is where the business of the organization is accomplished:

- Delegates hear a report from the executive board describing the activities of the organization since the last Triennial Convention.
- Officers and board members are elected.
- The previous fiscal year's audit and the next year's budget are discussed and voted on.
- Issues of concern--memorials--raised at synodical women's organization conventions and memorialized to the Triennial Convention are presented and voted on.
- Issues raised by delegates--resolutions--are brought to the convention as new business and voted on.
- Constitutional changes are made.

Delegates to the convention represent women in their region, synodical women's organization, and unit. They cast votes on their behalf. If you are interested in going as a delegate or a visitor, please see Pat Schillings for more information.

## Calendar of Upcoming Events

<b>March</b>	<b>1</b> Tuesday	9:30 am Suzanna Circle 6:00 pm PRIDE
	<b>2</b> Wednesday	6:15 pm Worship Gathering/Covered Dish Dinner
	<b>3</b> Thursday	7:00 pm Rebekah Circle
	<b>6</b> Sunday	9:45 am Sunday Church School Opening
		12:00 pm Committee Meetings
		2:30 pm Lenoir-Rhyne College Choir Concert
	<b>7</b> Monday	7:15 pm Handbell Rehearsal
	<b>8</b> Tuesday	6:00 pm Shrove Tuesday Pancake Dinner
	<b>9</b> Wednesday	7:30 pm Ash Wednesday Service
	<b>13</b> Sunday	12:00 pm Congregational Luncheon/Church Council Meeting
	<b>14</b> Monday	7:15 pm Handbell Rehearsal
	<b>15</b> Tuesday	6:00 pm PRIDE
	<b>16</b> Wednesday	11:00 am Friendly Lutherans
		6:15 pm Covered Dish Dinner/Lenten Service
	<b>17</b> Thursday	4:00 pm Alpha Iota
	<b>18</b> Friday	6:30 pm International Club
	<b>19</b> Saturday	8:30 am Men's Breakfast
	<b>20</b> Sunday	10:30 am Coffee Fellowship
		2:00 pm Doll Club
	<b>21</b> Monday	7:15 pm Handbell Rehearsal
	<b>22</b> Tuesday	6:00 pm PRIDE
	<b>23</b> Wednesday	6:15 pm Covered Dish Dinner/Lenten Service
	<b>25</b> Friday	2:00 pm Meadowbrook
	<b>28</b> Monday	7:15 pm Handbell Rehearsal
	<b>29</b> Tuesday	6:00 pm PRIDE
	<b>30</b> Wednesday	6:15 pm Covered Dish Dinner/Lenten Service

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### CHURCH ACTIVITIES

#### Coffee Providers

**Thanks** to all the people who have been keeping our coffee hutch in the Social Hall filled with supplies. We are still in need of volunteers for 2011 and the volunteer list is at the hutch. Thanks again for your helpfulness!

#### Sunday School News

See you at 9:45 in the Social Hall on March 6 for the next Sunday School Opening! Feel free to bring a friend.

## CHURCH ACTIVITIES, cont.



### ALTAR GUILD

Looking for a new and different way to serve the church? Want to know more about why we do what we do during Communion or the services? Want to get involved with making new banners, paraments or liturgical art? Then you need to be a member of the Altar Guild! Contact the office, Linda Cook or Eunice Burch if you are interested. We'd love to get you involved!

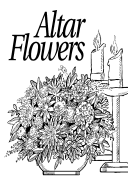


There are open dates on the readers list for both services. Stop and look at the chart located on the bulletin board opposite the secretary's office. If you are not comfortable singing the Psalm, the Pastor will do it for you. If you are looking for something to do for your church, this is one thing you can do. Thank you.

Do you enjoy the **Children's Sermon**? See Laura Knauff or any of the presenters listed to volunteer.



March 6	Greg Mallory
March 13	Laura Knauff
March 20	Pastor Ron
March 27	George McKinney



To dedicate the altar flowers or sanctuary candle to someone, place their name and information on the sign-up sheets across from the church office. Flowers are \$46.00 and candles are \$2.00. You may place the money in the offering plate or bring it to the church office.

### Shrove Tuesday

Everyone is invited to attend the Shrove Tuesday Pancake Dinner on Tuesday, March 8, starting at 6:00 p.m. The Mardi Gras evening begins with a delicious pancake dinner, with sausage and bacon on the side and homemade syrup. We are fortunate that Chuck Jones is willing to share his grandmother's pancake recipe, which has been a hit year after year. It is also a hit with people who have no other connection with church life. Trinity people have always invited their friends and neighbors and relatives to this event, and a lot of those folks have found their way into Trinity. So as always, we encourage you to invite your friends.

### Ash Wednesday

Lent arrives late this year. Lent begins on Ash Wednesday, March 9. We will hold our Ash Wednesday service, which consists of imposition of ashes and Holy Communing, that evening at 7:30. The service will present the theme of this year's Midweek Lenten services. This year our services are entitled *By My Hand, For My Sake*. Each service will focus on a character from Scripture. Ash Wednesday focuses on Adam, the first person, the one made from earth, who was told that he would return to earth. The following Wednesdays will bring a host of other people from scripture, including Nicodemus, Judas, Barabbas, Pilate, and the good thief's father. Please remember there is NO covered dish dinner on Ash Wednesday, but there will be a covered dish dinner on all the other Wednesdays of Lent. The schedule looks like this:

Mar 9	Ash Wednesday	NO COVERED DISH	Worship @ 7:30 - Adam
Mar 16		Covered Dish at 6:15	Worship @ 6:45 - Judas
Mar 23		Covered Dish at 6:15	Worship @ 6:45 - Nicodemus
Mar 30		Covered Dish at 6:15	Worship @ 6:45 - Thief's dad
Apr 6		Covered Dish at 6:15	Worship @ 6:45 - Barabbas
Apr 13		Covered Dish at 6:15	Worship @ 6:45 - Pilate



### Handbell News

Trinity Bell Tones plan to ring each month for church, and prepare for our bell concert on May 14th. Traditionally, our May concert occurs on the first Saturday of the month. Because several of our members have children graduating from college on the first Saturday of May, we moved the concert date to May 14th. Mark your calendars and be there! As usual, there will be a spaghetti dinner following the concert at 4:30 pm.



### Men's Breakfast

The Men's Breakfast will be held on March 19 at 8:30 am. Y'all come and bring your appetites. It is a great way to start your Saturday with fellowship and good food.

### Coffee Fellowships

March 20, 2011 is our Coffee Fellowship Sunday at 10:30 am. with the tasty treats being served by the Rebekah Circle. We hope you can make some time in your busy schedule to visit awhile with your friends.



## CHURCH ACTIVITIES, cont.

FRIENDLY LUTHERANS



### Friendly Lutheran News

In March, show off your culinary skills by preparing your favorite tasty delights to go with corned beef and cabbage. We start with snacks and visiting at 11am, and move on to the main course at noon. Stay warm, stay safe, and look forward to our meeting on the 16th of March. Spring is not too far behind!! Also, be thinking of any special meal or theme you want to have at Friendly Lutherans. Just let Karen or Pastor Ron know what you might like. April would be a good time to have ham as the main dish. What about May? What tasty delight is of interest to you? We would like to know your pleasure.

### Meadowbrook

You are invited to join us in our nursing home ministry at Meadowbrook Acres Nursing Home on Friday, March 25 at 2:00 pm. We will celebrate birthdays as we sing songs, offer prayers, and eat cake. For more information, please call Jonalee Young at 304-346-1851 or Pat Schillings at 304-345-9003.



## COMMUNITY NEEDS & NEWS

### SOCIAL MINISTRY RE-CAP – DECEMBER 2010

#### FOOD BASKETS

Thanks to the successful October yard sale, the funds donated by Johanna and Jim Mitchell from the sales of their beautifully crafted necklaces, and a contribution from Thrivent, Trinity was able to fill 200 food baskets for Covenant House. Each food basket included a 3 lb. Hormel canned ham, a box of instant potato flakes, two boxes of stuffing mix, 2 boxes of macaroni and cheese, a loaf of bread, two cans each of corn and green beans, one can each of baked beans, spinach, mixed vegetables, fruit cocktail, one jar each of peanut butter and grape jelly, and one can of condensed milk.

As you can imagine, Covenant House was overjoyed and ever so thankful to Trinity's congregation for their generosity. Provision of the food baskets is certainly one of Trinity's most important and long-standing missions and we look forward to doing it again in December 2011.

#### TRINITY'S UNDERWEAR and HAT/MITTEN DRIVES

WOW! We collected **195** pairs of underwear, **73** hats, and **83** pairs of gloves for donation to St. Mark's Clothing Closet! Thanks to everyone for making these drives such a wonderful success. The Social Ministry Committee will be sponsoring these collection drives again in 2011.

#### ON-GOING MINISTRY

In each monthly newsletter there is usually included a list of the needs of various agencies in our area such as the Gabriel Project, Covenant House, and the Food Pantry. You may sometimes ask yourself "when do I have time to take my donations to these different places, where exactly are these various agencies located, and what hours might they be open to accept donations?" Those are very good questions, and Trinity's Social Ministry Committee has the answers! To make it easier for Trinity's members to donate to the many needs of these local groups, each month the Committee will focus on a particular group's needs with a collection box in the Church foyer. At the end of the particular month, the Committee will deliver all of the donated items. *During March, 2011 the Committee will be collecting items for the Gabriel Project.*

**The Gabriel Project** is in need of the following: #4 and #5 diapers, baby wipes, baby lotion, baby shampoo, baby powder, Desitin ointment, and formula. Similac Sensitive would also be very helpful, as they have a difficult time keeping it in stock. Call Judith 343-3043, 550-4365 or the church 342-5212 or The Gabriel Project 414-4666 for help.

#### UPCOMING EVENTS

The Committee will be sponsoring its annual Spaghetti Dinner on Saturday, May 14, immediately following Trinity's Handbell Choir Concert. Please make plans to attend both the Concert and the Dinner!

#### Food Pantry Needs:

Donations are welcome in the Food Pantry. The food pantry is in need of any type of grain items such as cereal, macaroni and cheese, and plain macaroni. Pasta sauce and peanut butter is also appreciated.

#### Covenant House Needs:

Disposable shavers, large bottles of shampoo, spray deodorants, toothbrushes, disposable diapers, feminine hygiene products, towels, sheets, pots and pans, underwear (all sizes, preferably new), any clean, gently worn winter clothing (in particular, gloves, caps, scarves, and coats). For the Housing for People with Aids: *Boost* nutritional energy drink (any flavor, but chocolate is the 'favorite').



# CARE LIST



If you or someone you know is in need of prayer on a Sunday morning, please fill out a prayer card and hand it to the usher (as we have done for some time). The usher will give the cards to Pastor Ron, who will mention those names in the prayer of the church that morning. If you or the person whose name you present is in need of prayer over a long period of time, please call the church office so we can put the name on Trinity's prayer list.

*Please let us know if a name needs to be added or removed.*

- |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Please pray for:<br>Rose Anadei<br>Cathryn Angel<br>Martha Cox<br>Kitty DeBolt<br>Ruth DeBolt<br>Dewey Dixon<br>Nancy Entley<br>Rachel Farnsworth<br>Gwen Fawcett<br>Heather Harper<br>Florence Heilman<br>Barron Helgoe<br>Vera Howe<br>Judith Judy<br>Leah<br>David McCormick | George McKinney, III<br>Shawn McKinney<br>Penny and Alan Meadows<br>Avrie Nelms<br>Cynthia Pratt<br>Linda Ruthers<br>Susan Slater<br>Dorothy Strohmerger<br>Raelyn Strader<br>Norma Weddington<br>Evelyn Weirick<br>Laveda Winkler<br>Charlie Young Sr.<br>Marian Zamiela |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

The dear ones below would love calls, cards, or prayers from their friends at Trinity. Won't you contact one of these folks today?

**Tom Underwood**  
**Carroll Terrace #306**  
**1536 Kanawha Boulevard, E**  
**Charleston, WV 25311**  
**304-205-7888**

**Ruth DeBolt**  
**2537 Kay Lane**  
**Charleston, WV 25302**  
**304-343-2360**  
**304-343-6934**  
**304-925-2771**

**Laveda Winkler**  
**220 Kelly Avenue**  
**Oak Hill, WV 25901**  
**304-222-2387**

**Shirley Schweizer**  
**309 50<sup>th</sup> Street, S. E.**  
**Charleston, WV 25304**  
**304-925-2771**

**Dorothy Strohmerger**  
**Charleston Gardens**  
**800 Association Drive # B-233**  
**Charleston, WV 25311**  
**304-881-0356**

**Charlie Young, Sr.**  
**Quarry Manor**  
**699 South Park Road**  
**Charleston, WV 25304**  
**304-346-4692**

**Jessie Hostler**  
**4000 Outlook Drive**  
**Hurricane, WV 25526**  
**304-757-1668**

**Willie Daugherty**  
**4305 Virginia Ave., SE**  
**Charleston, WV 25304**  
**304-925-0917**

**Marian Zamiela**  
**1737 Rolling Hills Road**  
**Charleston, WV 25314**  
**304-346-3656**

**E. P. & Betty Harrison**  
**242 Lariat Drive**  
**Gallipolis, OH 45631**  
 \*\*\*  
**Winter Address**  
**31-104 Vista Garden Trail**  
**Vero Beach, FL 32962**

**Florence Heilman**  
**Marmet Center – D 36**  
**#1 Sutphin Drive**  
**Marmet, WV 25315**

## Other Notes

### Food Pantry Percentages for January 2011

	2011	2010	% Chng
Adults	392	259	+51.35%
Children	192	119	+61.34%
Families	85	47	+80.85%



Thanks again for all your hard work.

Eddie Burch



### Manna Meal Spring Concert

Spring is right around the corner and that means wonderful sounds will be heard from Bare Bones & the Martin Luther King Jr. Male Chorus at our 4<sup>th</sup> Annual Spring Concert, March 19, 7pm. The concert will be held at St. John's Episcopal Church, 1105 Quarrier Street. For more information, call 304-345-7121 or email [mannamealjs@wcdsl.net](mailto:mannamealjs@wcdsl.net).

### Love Your Kidneys!

The National Kidney Foundation is holding a free Kidney Early Evaluation Program (KEEP) screening at the University of Charleston to detect signs of kidney disease — a \$400 value. The screening will be Thursday, March 29 from 4 to 7 pm at the University of Charleston School of Pharmacy. The screening is open to adults who have a history of high blood pressure or kidney disease. Appointments are limited, register today! Call 1-800-264-4115 ext. 12.

### West Virginia Institute of Spirituality March Schedule



- March 1, 8, 15, 22, 29**     **Meditation and Contemplative Prayer** from 7:00 pm to 8:00 pm.
- March 4**     **Soup & Silence** from 12:00 pm to 12:50 pm. Call WVIS at (304)345-0926 to make a reservation.
- March 4-5**     **WV Institute for Spirituality Certificate in Supervision:** Seven Models of Supervision and Learning Objectives. Friday, 2:30 pm to 9:00 pm and Saturday, 9:00 am to 3:00 pm. Tuition is \$400.
- March 11-12**     **Dynamics of Group Spiritual Direction** with Sr. Carole Riley, Ph.D., Friday, 2:30 pm to 9:00 pm and Saturday 9:00 am to 3:00 p.m.
- March 12**     **Grief Recovery: One Step At A Time** led by Sr. Carole Riley, C.D.P., Ph.D., LPC from 8:45 am to 3:00 pm. Continuing Education Units for RN's, Social Workers and L.P.C.'s

On-going opportunities for Individual Spiritual Direction - Call (304) 345-0926

**For information on any of these activities or dates and times on the schedule, contact the West Virginia Institute of Spirituality at (304) 345-0926.**

### Attitude of Gratitude

*"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about these things."*



Do you love this verse from Paul's letter to the Philippians 4:8? Would you like to express the spirit of this verse more fully in your life? Consider attending Kanawha Pastoral Counseling Center's Spring Communication Workshop, "An Attitude of Gratitude" March 25 & 26. The workshop will be full of fun and interesting ways to more deeply express gratitude in your life and in your relationships. For more information go to [www.kpcc.com](http://www.kpcc.com) or call Sky Kershner at 304-346-9689.